

Depth

September 2017 Spiritual Theme

Reflection Questions

- Where in your life do you find deep connections with people? With nature? With Spirit?
- How does technology help you go deeper? How does it disconnect you?
- How can you “get proximate to the poor,” as suggested by Ware Lecturer Bryan Stevenson?
- With whom could you cultivate a deeper relationship? What are you willing to give up to nurture that relationship?
- What fear keeps you from exploring the next deep opportunity?
- What might you discover in your depths?

Chalice Lighting

We are all here to grow in wisdom and learn how to love better. As we each do this in our own ways, we slowly become a blessing to those around us and a light to the world.

–Rachel Naomi Remen

Children’s Books

In order from youngest to more advanced

- *Good Night Moon*, Margaret Wise Brown
- *Frog and Toad are Friends*, Arnold Lobel
- Magic Treehouse Books with Research Books, Mary Pope Osborne
- *A Handful of Quiet*, Thich Nhat Hanh
- *Eleventh Hour*, Graeme Base
- *The One and Only Ivan*, Katherine Applegate

Inspirational Videos

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- [Bedroom in Arles in VR!](#) | Art Attack Master Works
- [The Coffinmaker](#)
- [Hidden Miracles of the Natural World](#) | Louie Schwartzberg

Playlist

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- [I Gave My Love a Cherry](#), Laurie Berkner Band
- [Formation](#), Beyoncé (clean version)
- [What About Me](#), Snarky Puppy
- [Blowing in the Wind](#), Joan Baez
- [Inner City Blues](#), Rodriguez

Books and Readings

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- *The Book of Awakening*, Mark Nepo
- *For the Time Being*, Annie Dillard
- *Letter to My Daughter*, Maya Angelou
- *The Warmth of Other Suns*, Isabel Wilkerson
- *Psalm 42*