
WORSHIP SERVICES

August Theme: SONG

Sunday, August 5, 10:00 a.m.

The Sacred in Music: Creativity as Spiritual Practice

The Cambridge professor George Steiner once said, “Music is at once cerebral in the highest degree, and it is at the same time somatic, carnal, and a searching out of the resonances in our bodies at levels deeper than will or conscience.” Join us to explore the ways in which the sacred is made manifest through music as well as how we can each more deeply engage our own innate capacity for creativity.

Guest Minister, the **Rev. Dr. Carl Gregg** holds a Doctor of Ministry and a Diploma in the Art of Spiritual Direction from San Francisco Theological Seminary, a Master of Divinity from Brite Divinity School (Fort Worth, TX), and a Bachelor of Arts in Religion and Philosophy (cum laude, Phi Beta Kappa) from Furman University (Greenville, SC). Carl was married in 2007 to Magin LaSov Gregg. They have two cats (Kol Nidre and Shamash Chaim) and two dogs (Dobby Templeton and Scout Boo Radley). He has been the minister at the UU Congregation of Frederick since July 2012. Carl is a Featured Blogger on [Patheos](#).

Special music by **Greg Yoder**, vocals. **Justin Fumia** on piano.

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August 1, 2018

Quest

*The Newsletter of the
Unitarian Universalist
Congregation of Rockville:
A Welcoming Congregation*

Lifelong Spiritual Discovery Beloved Community A Just World

Volume LXI, Number 12
August 1, 2018

Editor & Publisher:
Adrian L. H. Graham

DeLynneations

by *Rev. Lynn Strauss*

BEING KIND

This summer has been challenging in so many ways. First weeks without rain, then days without sun. Traffic seems the only constant. The news cycle continues to stress most of us, as we try to keep our cool. What next? What now?

So many people in our congregation and in our families facing hardship—surgeries, losses fears. So many people around the world facing hunger, terror, separation from loved ones. Children being treated cruelly and irresponsibly by our government. Resistance to hate, resistance to attacks on our nation’s most sacred values has become a constant heart-beat of the people. Hear the call of resistance. Heed the call to resist.



This summer has been challenging in so many ways.

But we have held on to love, to swim meets, to camping, to birthdays, to babies, to music, to laughter—we have held on to one another and to the need we all feel for more kindness. No matter what challenge is before us, may we remember to be kind.

Blessings,

Reverend Lynn

Quest deadline: Thursday, **August 30, 2018** at 8:00 p.m.,
for mailing on **September 5, 2018**.

Email to quest@uucr.org

Quest

**Unitarian Universalist
Congregation of Rockville**
100 Welsh Park Drive
Rockville, MD 20850
301-762-7666
UUCR@UUCR.ORG
WWW.UUCR.ORG

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(Worship Services continued from page 1)

Summer RE—Children 0-4 go to Nursery in Building 3, Room 33. Rising K-5th graders go to Room 51 for quiet contemplation or Room 52 for more active MakerSpace. Rising 6th-12th graders go to Room 50 for Spiritual Exploration Boxes.

Sunday, August 12, 10:00 a.m.

Life Songs in the Key of God

Albert Einstein once mused, “If I were not a physicist, I would probably be a musician. I often think in music. I live my daydreams in music. I see my life in terms of music.” The gift of music in worship transforms our hearts and nourishes our spiritual path. Come for a lively service where we receive in word and song the daydreams of music in our lives! Led by **Rev. Rebekah A. Savage**, Associate Minister.

Special music by **Justin Furnia** on piano.

Summer RE—see above.

Sunday, August 19, 10:00 a.m.

Restless Souls

We are restless souls yearning to be understood. Inspired by the Chilean poet Pablo Neruda, Guest Minister Rev. John Crestwell explores how learning to relate and understand each other is our highest calling and the key to creating beloved community.

Rev. John T. Crestwell, Jr. is the Associate Minister at the UU Church of Annapolis and Lead Minister of AWAKE Ministries, where he seeks to broaden the emotional, racial, and intercultural competencies of children and adults through contemporary worship, music, mentoring, life coaching, and community service. Rev. John is a member of the Anne Arundel County United Advocacy Team, the UUA President’s Council, and on the National Cancer Institute Intramural Review Board under the National Institutes of Health in Bethesda. He is author of the book *Conversations: The Hidden Truth that Keeps the World from Being at Peace*, as well as several other publications. He is married to Joni R. Crestwell and has five mostly adult children (three biological and two step-kids).

Special music by **Bronson Hoover. Justin Furnia** on piano.

Summer RE—see above.

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SHARING THE MINISTRY

Family FUUN Ensemble Session 1 Begins October 4

by Sarah Jebian

The Family FUUN Ensemble is a hoot-hollerin' good time geared toward families with school-aged children (elementary through high school suggested but younger children are welcome, too!).

Each rehearsal begins with a potluck dinner followed by time to make music, dance, and create art together as a family. Dinner, abundant creativity, and FUUN? What more could you ask for?

The Family FUUN Ensemble meets on Thursday evenings from 5:00 p.m. to 7:00 p.m. in three separate sessions throughout the church year and performs in Sunday worship at the conclusion of each session.

Session 1 will begin on October 4 and ends on November 8, with a performance on Sunday, November 11 during worship. You don't need to attend every rehearsal in order to participate, but we are asking for a commitment to attend at least four of our six rehearsals.

This program is co-led by Barbara Weis and Sarah Jebian, with occasional help from other volunteers. Questions? Please email [Sarah](#).



Thinking of You

compiled by Judy Eisenhauer on behalf of the Pastoral Care Team



Jewell Golden has moved to New York to be near her daughter. She is missing the UUCR community that she enjoyed for so many years. Her new address is: Sage Harbor, 100 Kidd Castle Way # 41, Webster, NY 14580

Please contact **Judy Eisenhauer** with any joys, concerns, or accomplishments you would like to share in this column.

2018 UUCR Directory and Annual Report Available

The 2018 Directory and 2018 Annual Report are both now available at UUCR. You may pick up a copy in the workroom in Building 1, or in Fellowship Hall during Middle Hour on Sundays in March. Please take only one directory per household. The Annual Report is also available [online](#).

Notify the church office — email to uucr@uucr.org — of any omissions or corrections to name, address, phone number, or email address in the directory so that we may keep our records up to date. Periodic addenda will be published throughout the year.

CONGREGATION WORKS

INTRODUCING OUR NEW DIRECTOR OF RELIGIOUS EDUCATION!

Carla Miller will begin as our new DRE on August 15, 2018. Our selection team was unanimous in their choice of Carla! These were some of the comments from our selection team:

*"She is a great fit for UUCR."
"I love her story-telling style!"
"She is a good listener."*

Carla has served the UU Congregation of Columbia as well as the Paint Branch UU Church. She has also been coordinator for UU Camps and Adjunct Staff for Central East Region of UUA, developing and facilitating Religious Education Committee retreats and volunteer training.

Carla holds a Master of Education from the University of Maryland and was an elementary classroom teacher in Silver Spring early in her career. We are pleased to welcome her to our staff.

START-UP WEEKEND FOR CARLA MILLER SEPTEMBER 21-22

Everyone is invited to come and get to know Carla and welcome her to UUCR.

Mark your fall calendar!



CONGREGATION WORKS

Board Adopts a New Operating Budget

by Christy Shannon, Treasurer

On July 19, 2018, the Board of Trustees approved UUCR's new operating budget for the next fiscal year, beginning July 1, 2018. Operating expenses increase by 0.9% to \$781,582. UUCR's operating income is estimated to be \$752,080, leaving a shortfall of \$29,502. This deficit was expected due to the fact that UUCR has hired a second full-time minister and has established two services to better serve a growing congregation.

Here is a summary of the Board's operating budget by major expense category:

Category	FY 2017-18 Budget	FY 2018-19 Budget	Change
Payroll	\$498,484	\$503,046	0.9%
Buildings & Grounds	\$136,275	\$138,825	1.9%
Mortgage	\$53,507	\$53,507	0.0%
Denominational Dues	\$28,338	\$28,230	-0.4%
Committees	\$24,505	\$23,355	-4.7%
Office Expenses	\$18,550	\$19,420	4.9%
Social Justice/ Partner Church	\$12,950	\$12,950	0.0%
Miscellaneous	\$2,000	\$2,250	12.5%
Total Expenses	\$774,608	\$781,582	0.9%

The Board worked diligently to keep increases as low as possible and still maintain the programs we have come to enjoy and rely on. The Board is establishing a new Stewardship Committee to increase income to avoid the need to pull from reserves to cover our expenses. Please contact [Mark Shannon](#), Lay Minister for Stewardship, if you would like to learn more or join the Stewardship team. If you have not pledged or if you could add a little to your pledge, a new or modified pledge amount can be entered into our website at www.uucr.org/canvass, or contact [Eric Burch](#), our Assistant Treasurer for Receipts. We truly appreciate your consideration of this request.

If you wish to learn more about UUCR's operating budget or if you have questions about UUCR finances, please feel free to contact me at treasurer17-20@uucr.org, or [Kent Hancock](#), Finance Chair.

SOCIAL JUSTICE

Ending Family Separations at the Border—UUSJ Advocacy

by Steve Lapham and Kalman Rupp

On July 10, a contingent of twenty-four Unitarian Universalists visited U.S. Senate and House offices to advocate for the end of family separations and “zero tolerance” policies at the U.S. border, as well as to support non-restrictive, community-based alternatives to detention. We broke up into groups of three, met with staff members who advise our representatives. For example, one triad met with the Chief Counsel for Senator Ben Sasse (R-Neb.), Chair of a Senate committee on judiciary oversight. We delivered fifty-seven letters written by his constituents in Nebraska. Sen. Sasse has since tweeted criticisms of Trump’s harsh policies. Later, most of our Advocacy Corps met with Senator Dianne Feinstein’s (D-Ca.) Senior Counsel Jennifer Piatt, who is an immigration attorney and a mother. She encouraged our efforts and offered advice.

On the second Tuesday of each month, members of the Unitarian Universalists for Social Justice (UUSJ) Advocacy Corps visit Capitol Hill to discuss one urgent issue. Join UUCR members Kalman and Steve in these efforts—it’s easy to do. You get briefing materials just before the visits, so there is not a lot of preparation, and you are always part of a group. Established last March, the UUSJ Advocacy Corps comprises members from VA, MD, and DC, and welcomes new volunteers. If you are interested, contact Lavona Grow or Anna Rhee. Information on the Advocacy Corps is available on the UUSJ webpage: <http://uusj.net/wp1/advocacy/uusj-capitol-hill-advocacy-corps/>. For general information on UUSJ, contact their office at 202-600-9132 or via email to info@uusj.org.

(Worship Services continued from page 2)

Sunday, August 26, 10:00 a.m.

Rehearsal—Again and Again

Singing in the rain, singing in the shower—what is the role of rehearsal in our lives? What are we practicing for? When I was young, my father was a professional musician—a guitarist and singer in a quartet. Their group played in nightclubs and was often on the road. When at home, the group practiced at our apartment in the dining room where the old upright piano sat. My sisters and I shared the bedroom on the other side of the dining room wall, thus I learned the lyrics to all the “old Standards.” As they rehearsed, I was learning by heart... Led by **Rev. Lynn T. Strauss**, Senior Minister.

Special music by **Jenny Lyons**. **Justin Furnia** on piano.

Summer RE—see above.

September Theme: GROWTH

Sunday, September 2, 10:00 a.m.

You Believe What? Our Third Principle: Spiritual Growth and Acceptance

A vibrant part of our UU tradition is our third principle of accepting one another and encouragement to spiritual growth in our congregations. Spiritual growth is often nurtured by accepting others, as we ask others to accept us. How do we come together as a community and authentically encourage spiritual growth, even when others’ beliefs challenge our own? Led by **Rev. Lynn Strauss**.

Special music by **Niambi Powell**. **Justin Furnia** on piano.

Summer RE—see above.

INGATHERING & WATER COMMUNION



Water Communion
Sunday, September 9
ONE Service at 10:00 a.m.

**BRING SACRED WATER FROM YOUR SUMMER DAYS
TO OUR INGATHERING SERVICE**

Water is a sacred element and a blessing in most faith traditions. From baptism to a healing blessing at life's end, water is a symbol of life, both spiritual and physical.

In UU congregations in the 1980s, water communion or water ceremonies grew from our neo-pagan celebrations of the interdependent web of creation. It has become a symbol of Ingathering each September—a way to recommit and re-covenant to shared ministry in the year ahead.

Here at UUCR, we pour our water with sacred intention, as acknowledgement that no matter how far we may travel from one another, we are always welcomed home into this Beloved Community. This holy intention honors acceptance of all who come, forgiveness for any past wrongs or hurts, and an understanding that together we can change the world with our love.

Quest

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100 Welsh Park Drive
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Unitarian Universalist Principles

As a member congregation of the Unitarian Universalist Association, we covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Our Mission and Vision

The mission and vision of the Unitarian Universalist Congregation of Rockville is to
Practice Courageous Love.

Our Values

Lifelong Spiritual Discovery ~ Beloved Community ~ A Just World